



# BEYOND THE PHYSICAL

## 1ST4SPORT LEVEL 2 AWARD IN MULTI SKILLS DEVELOPMENT IN SPORT

### ABOUT THE COURSE

The multi-skills qualification has been developed to guide learners through the skills and knowledge required to enable them to understand participants and their fundamental needs in sport and movement.

Learners will develop their knowledge of multi-skills development in sport and demonstrate practical coaching skills in the context of the fundamentals of movement, fundamental movement skills and fundamental sports skills.

The Level 2 Multi-Skills Award is recognised as the industry standard level 2 qualification for multi-skills development in sport by UK Coaching.

### PRE-REQUISITES

Prior to **registration** learners are required to:

- be appropriately identified
- be at least 17 years of age
- hold or be working towards a minimum of a recognised Level 2 sports specific coaching qualification or equivalent. Equivalent qualifications must include evidence of planning, delivering and reviewing coaching sessions. The following are examples:
  - Level 2 Award in the Principles for Coaching Sport
  - Level 2 Certificate in the Principles and Preparations for Coaching Sport
  - Level 2 Certificate in Supporting Learning in Physical Education and School Sport
  - A Level 2 sports coach
  - Accredited Gym Instructor qualification
  - QTS + Physical Education specialism
  - BSc Degree in Sports Coaching (inclusive of practical delivery)
  - or other equivalent based on individual application.
- be able to communicate effectively in English.

### WHY COMPLETE THE AWARD?

- become qualified to support children's successful participation in sport
- learn how to design, deliver and evaluate a linked and progressive series of multi-skills activity sessions

- make a positive impact on the children they're working with by developing their movement confidence and sport-related skills
- help children master the fundamentals of movement in a fun, imaginative and progressive way
- make sport more enjoyable for children and young people...and much more!

### **WHO IS THE QUALIFICATION FOR?**

The qualification is suitable for:

- sport-specific coaches who wish to specialise in coaching children and young people
- sports coaches who work or aspire to work in schools
- coaches who work predominantly with children
- coaches employed through funded-initiatives, such as 'Football in the Community'
- coaches employed/deployed through local authorities' sports development departments
- students at both universities and colleges looking to develop their existing coaching skills with children
- adults involved in the delivery of sport and physical activity in primary and/or secondary education that meet the appropriate pre-requisite criteria.

### **ASSESSMENT**

Learners are required to complete a series of tasks contained within the learner portfolio. They are also required to plan, deliver and evaluate a series of coaching sessions (minimum of four) away from the course, ahead of the final day of the course. The final day of the course involves assessment of coaching practice for a minimum of twenty minutes.

### **FORMAT / DURATION**

The course will be delivered over three online learning webinars with a face to face assessment day at least 6 weeks after the final webinar to allow completion of the portfolio and course tasks.