

rally

KEY SUCCESS CRITERIA

Be able to use a variety of equipment to rally with
I can play the ball while it moves in basic rally activity
Apply simple tactics such as manipulating a ball to change its direction

ACTIVATION

Place multiple markers around the space with a ball on top.
In pairs with a paddle bat/racquet each pupils visit a marker, place the ball on the ground a play a short rally of 4 strokes before placing the ball back.
Every time pairs visit a new marker and perform a rally they get 1 point

BASE

Rolling squash in teams of 3 or 4 Pupils take part in a continuous rally using large foam balls- use a wall or line benches up against the wall the full width the learning space .
Take it in turns to play the ball against the wall or bench, the next player repeats.
To score pupils must play the against the bench/wall for 1 point

MANAGING DIFFERENCE

SPACE

Reduce the surface area of the wall or bench by adding markers with a reduced target area – e.g. floor spots/cones

TASK

Play 2v1 3v1 or 2v2 to add further competition

EQUIPMENT

Allow pupils to select from a range of striking implements and balls of varying sizes, shapes and weight

PEOPLE

Same ability or mixed 2v1 3v1 or 2v2

CONNECT

How can we change the direction of our stroke to make it tricky?
Which pieces of equipment do you prefer to use and why?

SCHOOL

If you have a disagreement, how do you solve the problem?