

THEME ASSESSMENT

agility




balance

coordination






<ul style="list-style-type: none"> ✓ I can move confidently and competently in multiple directions ✓ I can maintain my balance using different body parts through a range of movements ✓ I can show consistent control of myself and objects within different challenges 	<p>Evolve</p>	<p>Embed</p>	<p>Excel</p>
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<ul style="list-style-type: none"> ✓ I can show ways to move quickly in multiple directions and contexts ✓ I can decide which movements I can perform most effectively with different body parts ✓ I can adapt my body and movements to best suit different objects or activities 	<p> Evolve</p>	<p> Embed</p>	<p> Excel</p>
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<ul style="list-style-type: none"> ✓ I can explain to others where improvements in performance can be made ✓ I can discuss activities where I had more or less success ✓ I can show creativity to adapt challenges to suit my own and others' ability 	<p> Evolve</p>	<p> Embed</p>	<p> Excel</p>
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<ul style="list-style-type: none"> ✓ What is important to you as a school? ✓ E.g. Teamwork / Resilience / Attendance at after school / Respect for each other 	<div style="border: 2px solid red; border-radius: 15px; height: 115px;"></div>
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