



PASSING BINGO CHALLENGES

Visit a new zone each time to perform one of the passing challenges on the bingo card. Once completed cross it off and move on to a different one at a new zone.

Complete 5 Passes using your feet	Complete 5 passes which include a bounce	Complete 5 Passes using a small ball
Complete 10 passes using a large ball	Complete 5 passes but move position after each pass	Complete 10 passes with an object that is not a ball
Complete 5 passes where the object doesn't touch the floor	Complete 6 passes over a shorter distance	Complete 10 passes but one of you moves into a new position after each pass.



BEYOND THE PHYSICAL

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