



BEYOND THE PHYSICAL

LEARNING JOURNEY

send receive return

 National Curriculum Link

'Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.'

I can send a ball with my hand / racquet / bat.

I can react to an object coming to me.

I can return a ball to begin to rally with a partner.

I can prepare my body ready to receive an object.

I can show control over where I am sending a ball.

I can vary the direction of a return to my partner.

I can take ownership of my level of challenge.

I can support a partner with their level of challenge.

I can collaborate and compete with others.

LKS2

strike react rally

target control combine

